## Pattern Instructions

# The Lovely Liv Loungers



## **Making The Lovely Liv Loungers**

Below are detailed instructions and *help tips (in italics)* for making The Lovely Liv Loungers. You can also refer to the online instructions where there is an abridged animation.

#### **Fabric Requirements**

As with all our patterns, The Lovely Liv Loungers are made to your measurements, so fabric requirements will vary.

As a guide, for Plain Fabrics, if your 'Waist to Floor' measurement plus 15cm, is less than the width of the fabric, then length of fabric required will be just over twice your hip measurement. If you are using patterned fabric, or your 'Waist to Floor' measurement plus 15cm, is wider than the width of your fabric, the length of fabric required will be twice your 'Waist to Floor' measurement plus 30cm.

#### **Notions**

Sewing thread to match or compliment your fabric.

2cm Wide Elastic, approximately 50cm in length

2cm Wide Cotton Tape or Ribbon, length approximately equal to your 'Hip Measurement'.

### Instructions

- 1. Put together your PDF Pattern following the instructions in our <u>'Know-How Making Your Pattern'</u> guide. Then cut out your pattern pieces around the dark, dashed cutting line.
- 2. Prepare your fabric, by ironing and folding it in two, observing the grain and/or pattern in your chosen fabric.
- 3. Place your pattern on to folded fabric, so that the grainline on the pattern matches the grain and/or pattern in your chosen fabric. The grainline is shown on your pattern as the long line, with arrows on each end, near to the centre.



4. Pin, or weight, pattern in place.

All our patterns are made to your measurements and therefore all different shapes and sizes. Due to this, it is not possible to give a specific cutting layout in these instructions. So it's very important to make sure your pattern is positioned with the grainline following the grain and/or pattern in your fabric. This way the finished loungers will hang correctly and not twist when worn.



5. Cut out your fabric around the pattern to create right and left

6. Whilst the paper pattern is still in place, tailor tack (or mark with iron off fabric pen) along the hemline (light grey line at the bottom of the leg) and buttonholes (at the top front).

Additionally, if it's not obvious which is the right-side of your chosen fabric, it is worth marking the right side of the fabric on each leg now, before you remove the paper pattern.



- Once you're happy the two pieces are marked up correctly, remove the paper pattern and separate the right and left legs.
- 8. The loungers are sewn together using a flat fell seam and have a 20mm seam allowance. (Shown in the paper pattern by the light grey line).

*If you are unfamiliar with the Flat Fell Seam or want to brush up on how to sew one, there is a helpful tutorial, <u>'Know</u> <u>How – Flat Fell Seam'</u>, on our website, just click the link.* 



9. Pin both inside leg seams together, wrong-side to wrongside and sew a straight seam, don't forget it's a 20mm seam allowance. It's worth double checking that you have both left & right legs before you sew the seams, as everyone hates unpicking! Do this by laying them out next to each other.





10. Once you have sewn your seam, press the seam allowance to one side and trim the lower seam allowance away to about 3mm.

Make sure you trim corresponding seam on each leg. For example, we always trim the seam allowance to the rear side of the leg. It doesn't matter if you choose to trim the front seam, just make sure you trim the front seam on both legs. 11. Fold the larger seam over the smaller seam and press.





12. Open out the fabric and pin the seam flat on the fabric. This conceals the raw edge.

13. Edge stitch along the fold, taking the pins out before you sew over them.

Edge stitch is tricky on the legs, so we suggest you dig out some scrap fabric and practice the flat fell seam on a tube of fabric similar to your leg piece first.





When you are ready to edge stitch, make sure you don't rush, it's very easy to sew over the other side of the leg. Slow and steady wins the race here. 14. To sew the legs together at the gusset, turn one leg inside out and place it inside the other leg.





15. Line up the gusset at the top front, top back and leg seams, then secure with pins.

Make sure you maintain wrong side to wrong side with your fabric. Confirm that the outside leg is right side showing and the inside leg has right side showing on the inside. 16.Sew a straight seam around the gusset.

Don't forget the seam allowance is 20mm.





17. Iron out the seam and trim away one of the seam allowances and clip into the front and back curves on the larger seam, no more than 6mm.

Clipping the curve releases tension along it and means you should not get any puckering when you are sewing the edge stitch.

18.Fold the larger seam over the trimmed seam and press as before, then untuck the legs and open the loungers flat.Open out the seam and pin the seam in place.





19. Edge stich along the fold, removing pins as you go.

The loungers are now together and ready for finishing off.

20. Turn loungers inside out, ready to turn up the hem of both legs. The tailor tacks or marks added are the desired leg

length for your Loungers.

There is a 10cm seam allowance for the turn up included into the design of the pattern, which results in a deep hem of around 7cm. Feel free to reduce this if you require, just keep the turn up on the marks, as this is your specific leg length.

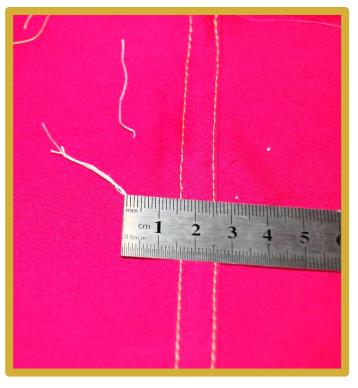






21.Roll and pin the top of the turn up by15mm and sew around on both legs.

22.For added detail, sew around again 10mm from the original seam.





23. Now choose which two buttonholes you are going to complete.

There are tailor tacks or marks added for four buttonholes. Which two buttonholes you choose to sew will depend on which way you have sewn the flat fell seam around the gusset. Choose the two buttonholes that are evenly spaced around your seam, they are usually spaced 15mm from each stitch line. 24.Sew your buttonholes.

To do this, refer to your sewing machine instruction manual and see our Know How – Buttonhole Tips for hints.





25. Roll over and pin the waist, ready to sew around and create a pocket for your elastic and tape.

There is a 5cm seam allowance for the pocket included into the design of the pattern, with a 15mm turn under. Depending on the thickness of your fabric, this allowance will create a pocket between 3.5cm & 4cm.

26.Sew around the waist to create pocket.



27.For added detail you can sew around again 5mm to 10mm from the original seam.

28. Measure your elastic, by stretching it out full across the widest part of your buttocks, then add 4cm.

As the pattern is made to your measurements it is not possible to give a specific length in these instructions for your elastic. So it's very important to stretch the elastic to your size; this way the Loungers won't fall down when you wear them, yet will be easy to pull on and off.



29. Lay the loungers flat at the waist seam and pinor mark a point below the front waist both sides,roughly half of the way in from the side to the gussetseam.

30. To measure your canvass tape or ribbon, lay your loungers flat at the waist seam, lay your Tape/Ribbon from the side

to your pin/mark. Cut two lengths of tape the same.





31. Edge both lengths of tape/ribbon at one end to prevent fraying.





32. Sew the other ends of tape/ribbon to either side of the elastic to create one long waist tape.

33.Thread the waist tape, through the buttonhole, into the pocket using a safety pin.





34. Once the waist tape is fully threaded into the waist pocket, feel through the fabric for the tape joints.

35. Pin the waist tape to the loungers, so that tape joints and pins/marks on the front correspond.

36.Attached the waist tape by sewing over the pocket and tape joints with a decorative stitch.





37. Press your finished loungers as required.

Enjoy your Lovely Liv Loungers - Happy Sewing!